

Our rhyme of the fortnight is:

Our garden



(Tune: Mary had a little lamb)

We can plant some seeds,
some seeds, some seeds.
We can plant some seeds,
And water them each day.
We can grow a garden,
A garden, a garden.
We can grow a garden
And watch our plants grow.

What to do at home together:

- Look for seeds in fruits that you can plant together and talk about what the seed will need to grow.
- Look at the different parts of plants in the house or in the outdoors, and count the leaves and petals.

Watch the video below and see how the farmer plants seeds:

[‘The Farmer plants his Seeds’, Song for EYFS, KS1, Farming, Harvesting, Vegetables, Growth,](#)

Our rhyme of the fortnight is:

Put Your Coat On



Put your coat on, put your coat on
And make yourself nice and cosy
Put your coat on, put your coat on
And come along out to play

Put your hat on, Put your hat on
Make your head nice and cosy,
Put your hat on, Put your hat on
And come along out to play

What to do at home together:

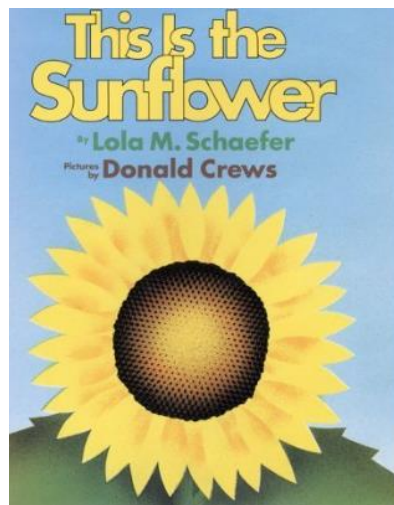
Extend this by adding:

- Put your gloves on, Put your gloves on
and make your hands nice and cosy
- Put your scarf on, Put your scarf on
and make your neck nice and cosy
- Talk about why we need to wear these items of clothing.
What items might we wear when the weather is warmer?
- **Watch the video below and sing along to the song:**

<https://www.youtube.com/watch?v=25zP9WkbwQI>

Our book of the fortnight is:

This is the Sunflower By Lola M Schaefer



This book enables children to explore a 'non-fiction' text, supporting them to understand the process of planting and growing, and how to take care of plants and nurture them.

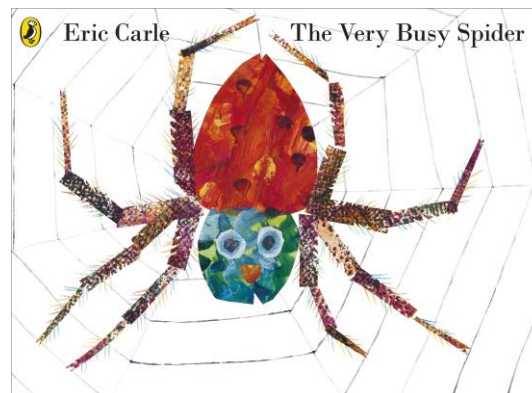
It will enable the children to explore the science of cause and effect, how plants need water, soil, and warmth. The text allows children to explore the life cycles and ties in with our growth project. This text also links well with the introduction to our artist this term, Van Gogh and his famous 'sunflowers' painting.

How to get the most out of reading to young children:

- Sit close together. You could encourage your child to hold the book themselves and turn the pages, too.
- Take a look at the pictures. You don't just have to read the words on the page. What might they tell us about the story before we read the words?
- Ask questions and talk about the book you're looking at. What do they think will happen next? Why did a character act in a certain way? How are they feeling?
- Have fun! There's no right or wrong way to share a story - as long as you and your child are having fun. Don't be afraid to act out situations or use funny voices... your little ones will love it!

Our book of the fortnight is:

The Very Busy Spider by Eric Carle

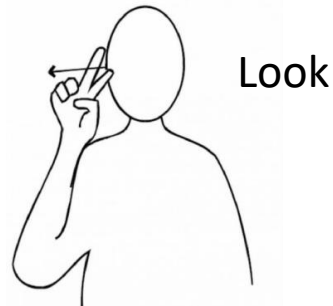


This book supports children's language development through naming different animals. It is a tactile book allowing children to explore the text with their senses.

How to get the most out of reading to young children:

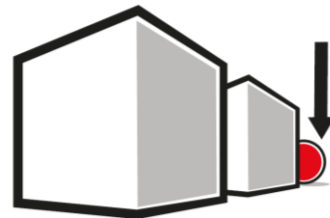
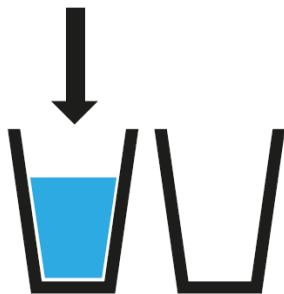
- Be expressive! How can we expect children to be engaged in a story if the adult reading it isn't.
- Picture books can be a great way to talk through your child's fears and worries, or to help them deal with their emotions.
- Give them space to talk, and ask how they feel about the situations in the story.
- Use props and toys to act out the story, either whilst you are reading it, or together afterwards.

Our Makaton signs of the fortnight are:



(Always remember to say the word as you sign)

Our Concept Cat signs of the fortnight is:



Full

Back

Our Right of the fortnight is:



Over the next two weeks, we will be exploring children's right to Health, Water, Food and Environment. The children will be exploring their right to the best possible health through a variety of activities such as looking at dressing up warm to venture outside. The children will be discussing how the environment is changing over the cold period and how to keep safe.

Article 24

Article 24 of the UNCRC says that healthcare for children and young people should be as good as possible, and also goes further than this by saying children and young people have the right to be both physically and mentally fulfilled.

Children have the right to life.

2 Snacks Max



Startwell
Being active, eating well, achieving more.

2 snacks Max helps us to remember that 2 healthy snacks and 3 balanced meals a day are needed to keep children healthy. Base snacks on fruit/vegetables and carbohydrates

Lots more early years activities, information and recipes can be found on the Startwell website:

<https://startwellbirmingham.co.uk/>

Fruit/vegetables and carbohydrates are good snack choices. Try to remember to build in opportunities for independence: let the children spread their own toast and peel their own fruit.